




The Programme


President: Peter K:
Vice Presidents Roy C, Brian D, Ruth T, Kevin H





Committee: Chair Anne H 2048 6291
Secretary Steve B 2030 7272, Treasurer Jane O 2040 2571
Members Kate P 01446 792154, Gary W 2079 0513, Lyndon M 2075 6122
Chris L 2023 8576, Julian L 2056 7013, Enid L 2065 5253, Nigel F 01874 676402

July 2003


Tuesday 1 Evening Walk at Penhow.  4 mile walk to Mynydd Allthir-fach with good views of the Severn Estuary. Meet at the Museum at 6.30pm later at the Rock & Fountain, Penhow.
Contact Andy C. 2076 4987


Sunday 6 Cotswolds Walk.  Join Peter K for an 8 miles (or so) stroll around Slad and Laurie Lee country. Pub lunch (with cider but maybe no Rosie?) Meet at the Museum at 10am
Contact Peter K. 2048 4431



Tuesday 8 Rounders Evening  It's an opportunity to re-live your school days! After all that running around we'll be having a well deserved drink at the Allensbank pub. Meet at Roath Park recreational ground at 7pm - car park at the corner of Ninian Rd & Penylan Rd.
Contact Lyndon M.2075 6122


Sunday 13 Walk from Porthcawl to Kenfig,  10 miles along the South Wales coast. Meet at the Museum at

9am or at Rest Bay Car Park. Further details from Sian D. 01446 719697


Toddler Cycle (walk also possible) at Afan Argoed Country Park  5 miles approx. 4 baby seats for hire. Bring a packed lunch. Meet Museum 10am
Contact Jane S. & John D. 2075 9980


Tuesday 15 Cambodia talk.  Magnificent temples, stunning landscapes but a recent horrific past are all features of this slide show by Bob H. Upstairs room at Chapter at 8pm

Sunday 20 Navigational Treasure Hunt.   6-8 miles around the Black Cock pub testing your navigational skills. Packed lunch and 1:25000 map of Cardiff needed
Meet Museum 10am
Contact Steve B. 2030 7272 for further details.


Tuesday 22 Mynydd Egwylsilan Walk.  A 4 mile circular walk from Llanfabon, near Nelson, with a trip up

to Mynydd Egwylsilan. Good views and nice woods guaranteed. Meet at Museum 6.30pm
Contact Steve B. 2030 7272

25-27 July Lynton Devon  Join Gill S as she continues her series on the best cream teas of Devon! Also featuring a cliff walk, the Valley of the Rocks and a funicular railway. Call 2075 7663


Tuesday 29 Ten Pin Bowling  Meet at the Hollywood Bowl, UCI, at 8pm
Contact Colette L. 2049 2054

Hostel weekends need to be paid for 2 months in advance. To avoid disappointment reserve your bed NOW!

26-28 September Capel y Ffin  Come and spend a weekend nestled in the Llanthony Valley of the Black Mountains.
Contact Enid L 2065 5253

Visit <http://www.bigfoot.com/~c.o.g> or email c.o.g@bigfoot.com

Chapter in Canton is our Tuesday night venue. Why not join us in the bar after the meeting?

Roy C is organising regular climbing events. If you're interested phone 01443 710828 

The group has maps and equipment available for the use of members.
Contact Malcolm 2038 7243

Weather wear.




It's your responsibility to have suitable clothing and footwear

If you would like to bring children or dogs, please check first with the event organiser.

New members welcome

Fancy arranging any events? Your ideas are very welcome please contact Anne (weekends) or Kate (Tuesdays).

The grade key below refers to the terrain, not the distance, which is shown separately for each event.

Easy  Strenuous 
Moderate  Very strenuous 