



# The Programme

**President:** Peter K  
**Vice Presidents:** Brian D, Bob H, Kevin H, Lyndon M, Ruth T  
**Committee:**  
**Chair:** Anne H 20486291, **Secretary:** Bob N 20575229,  
**Treasurer:** Jane O 20402571, **Members:** Andy C 20764987,  
 Chris L 20238576, Colette L 20492054, Julian L 20567013,  
 Kate P 01446 792154, Steve B 07812 586949



**chapter** is our Tuesday night venue. Why not join us in the bar after the meeting.



Roy C is organising regular climbing events. If you're interested phone 01443 710828

## New Members Welcome

## July 2004



How to find **chapter**

### Sunday 4 Taff Trail Part 2

7 level miles from Central Cardiff to Tongwynlais, Radyr then train back to Cardiff. Packed lunch required, but a pub stop at the Lewis Arms, Tongwynlais.



Meet at Museum 10am.  
 Contact Julian L 2056 7013

### Tuesday 6 Golf Croquet

Kevin presides over this game of skill and tactics on the manicured lawns of Dyffryn Gardens. Please wear flat shoes, and bring water/refreshments. Later at the Red Lion, Bonvilston. Small charge for lawn hire.



Meet museum 6.30 pm.  
 Contact Kevin H 2076 2407

### Sunday 11 Hills of Talybont Walk

18 miles from Talybont Reservoir calling at Carn Pica, Fan y Big, the Neuadd Reservoirs, Craig y Pwllfa and Tor y Foel.



Meet at Museum 9.00 am  
 Contact Mark B 2088 1658

### Sunday 11 Hills of Cardiff Walk

COG's diehard ambler leads this 7-mile walk in the hills and woods around Cardiff. Packed lunch required but there will be a pub stop.



Meet at Museum 10.00 am  
 Contact Ruth T 2041 3348

### Tuesday 13 Usk walk

A leisurely 4-mile walk taking in Clytha House, Clytha Castle and part of the Usk valley, starting and finishing at the Clytha Arms on the Raglan to Abergavenny road.



Meet museum 6.30 pm.  
 Contact Bob N 2057 5229

### Friday 16 - Sunday 18 Llanddeusant YH Weekend

We've cleaned, painted and grouted - now we're visiting this fab hostel for a weekend of pure enjoyment. Outstanding scenery and relaxation await you with a BBQ on Saturday night. Early booking is essential....



Contact Roger & Rachel G 2085 1176

### Tuesday 20 Rounders

Meet at Roath Park recreational ground, 7pm. Car park corner of Ninian Rd and Penylan Rd. After displaying our sporting prowess, we will partake of a cooling G&T at the Allensbank pub.



Contact Lyndon M 2075 6122

### Saturday 24

#### Bike Ride to Llancafarn & Back

Why not join this two-wheeled quest for liquid refreshment at one of the Vale's top pubs?



Approx. 35 undulating miles.

Meet at Museum 10.30 am  
 Contact - Steve B 2030 7272

### Sunday 25 Clifton Gorge Walk

We cross the Severn for a trip to this famous gorge, visiting Brunel's suspension bridge, the Downs and Aston Court, on this 12-mile walk.



Packed lunch required.  
 Meet at Museum 9.30 am  
 Contact Andy C 2076 4987

### Tuesday 27 Open Air Theatre

This year's offering by Everyman Theatre is Shakespeare's The Tempest, at the Museum of Welsh Life, St Fagan's. Tickets £12.50. Names to Colette L by July 13. Seating is under cover! 8pm start. Contact Colette L 2049 2054



Visit <http://www.cardiffoutdoorgroup.org.uk> or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)

Fancy arranging any events? Your ideas are very welcome; please contact Steve (weekends) or Colette (Tuesdays).

The group has maps & equipment available for the use of members. Contact Malcolm 2038 7243

**Weather Wear.**  
**It is your responsibility to have suitable clothing & footwear**

**If you would like to bring children or dogs, please check first with the event organiser**



The grade key below refers to the terrain, not the distance, which is shown separately for each event.

