



# The Programme

**President:** Peter K  
**Vice Presidents:** Brian D, Bob H, Kevin H, Lyndon M, Ruth T  
**Committee:**  
**Chair:** Clive C 20902164, **Secretary:** Bob N 20575229,  
**Treasurer:** Jane O 20402571, **Members:** Andy C 20764987,  
Chris L 20238576, Catherine H 20624416, Julian L 20567013,  
Kate P 01446 792154 Jane S 20759980



**chapter** is our Tuesday night venue. Why not join us in the bar after the meeting.

## New Members Welcome

## March 2005



How to find **chapter**

### Tuesday 1 Kilimanjaro Talk

Mount Kilimanjaro is the highest freestanding mountain in the world and the highest peak in Africa. Mark B has conquered it and has pictures to prove it! Not satisfied with this, he threw in a stroll up Mount Kenya as well. Chapter 8pm.

Contact Mark B 20881658

### Sunday 6 Mitchel Troy Walk

An 8.5 mile circular walk to the south west of Mitchel Troy in Monmouthshire. The route follows little used footpaths, green lanes, and old tracks. There are magnificent panoramic views far into Wales and across the border to Herefordshire. Packed lunch required.

Museum 9.30am

Contact Bob N 20575229

### Tuesday 8 Three Peaks Trial briefing

For all of you good sorts who have offered to help with this year's event. Chapter 8pm.

Contact Chris L 20238576

### Sunday 13 St Lythans to Tinkenswood Walk

A 4-mile circular walk. Bring a mid morning snack and drink. There will be an opportunity to have lunch at the Horse and Jockey after the walk.

Museum 9.30am or the car park at The Downs, St Lythans 10am.

Contact Sian D 01446 719697

### Sunday 13 Crickhowell walk

A 12-ish mile walk to the southwest of Crickhowell. If you don't already know the difference between a swallow hole and a shake hole, then this is your opportunity to see them and find out!

There will also be excellent views of the Black mountains.

Packed lunch required.

Museum 9.30am

Contact Andy C 20764987



### Tuesday 15 Cinema evening

Let's take advantage of the UGC's Tuesday offer of £3 tickets to view the latest celluloid offerings. Meet top floor bar with panoramic views 7.30pm.

Contact: Clive C. 20902164



### Saturday 19 Three Peaks Trial

Once again we need to provide facilities for those hill-hungry hordes, raising cash for the YHA, National Trust & our good selves in the process. ALL help appreciated.

If you're able to help out contact Chris L 20238576 or Enid L (no relation) on 20655253



### Tuesday 22 Creepy Cardiff Ghost Walk

A guided walk around Cardiff city centre, with spooky stories of ghosts galore, said to inhabit



the place. Prepared to be scared, thrilled and entertained! Book your place by paying £5 to Julian L. 20567013 by 15<sup>th</sup> March. Places limited.

Later at the Central Bar, Windsor Place.

### Friday 25 to Monday 28 Easter at Penzance YH

Enjoy this Georgian manor house with sweeping views of Mount's Bay and the Lizard Peninsula. There will be wonderful coastal walks and plenty of things to do.



Contact Sian D 01446 719697

### Tuesday 29 Pub evening

Recover from a hectic Easter over a quiet pint or glass of wine as the mood takes you. Lounge bar of the Black Lion, Llandaff from 8pm.



Contact: Julian L. 20567013

Visit <http://www.cardiffoutdoorgroup.org.uk> or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)

**Fancy arranging any events?** Your ideas are very welcome; please contact Andy (weekends) or Catherine (Tuesdays).

The group has maps & equipment available for the use of members. Contact Malcolm 20387243

### Weather Wear.

**It is your responsibility to have suitable clothing & footwear**

**If you would like to bring children or dogs, please check first with the event organiser**



The grade key below refers to the terrain, not the distance, which is shown separately for each event.

