



The Programme

President: Peter K
Vice Presidents: Brian D, Bob H, Kevin H, Lyndon M, Ruth T
Committee:
Chair: Clive C 20902164, **Secretary:** Bob N 20575229,
Treasurer: Jane O 20402571, **Members:** Andy C 20764987,
Chris L 20238576, Catherine H 20624416, Julian L 20567013,
Kate P 01446 792154 Jane S 20759980



chapter is our Tuesday night venue. Why not join us in the bar after the meeting.

Advance Notice:

Bonfire Night at Ottery St. Mary
Join us to see the internationally renowned burning tar barrels. Staying Exeter YH or own choice of B&B
Contact Kevin H 20762407



New Members Welcome

October 2005



How to find chapter

Sunday 2 Hills & Valleys Walk

A circular walk of approximately 8-miles between Cardiff & Caerphilly. At least one pub stop & finishing at the Old Cottage Lisvane. Packed lunch required.

Meet 10pm at Lisvane/Thornhill park & ride car park.
Contact Tony R 20747743



Tuesday 4 Badminton

Andy Mitchell has booked 2 badminton courts from 7.30 to 8.30 at Canton Community centre. Cost is £8.20 per court. Please give numbers to him ASAP. There is currently the possibility of another 3 courts from 8.30 to 9.30 if sufficient numbers of people are interested. Please contact Andy to book your place & so we can decide if more courts are needed. Drinks afterwards at Chapter.



Contact Andy M 20231838

Sunday 9 Taff Trail Part 9 Pontsarn to Pontsticill

A circular walk of about 7 miles, taking in wooded valley & Pontsticill Reservoir amongst other things.

Packed lunch required.

Meet Museum at 10am.

Contact Julian L. 20567013



Sunday 9 Small COGs Walk

A short walk for the family.

Contact Ceri W 20756801

Tuesday 11 Talk Land's End to John O'Groats part 1

This summer Steve walked from Land's End to John O Groats. Hear the first part of his adventures 8pm Chapter.

Contact Steve B on 20307272 or 07812586949

chapter

Sunday 16 Brecon Walk

A 9-mile circular walk starting & finishing at Cwm Crawnon (Llangynidr). The route takes in Talybont via the Brecon & Abergavenny canal. Returning via Tor y Foel mountain. Packed lunch required.

Meet museum at 09.30am.

Contact Bob N 20575229



Tuesday 18 COG in Scotland Slide Show

Julian will help you relive the joys of the Scotland trip of 2004

Chapter 8pm

Contact Julian L. 20567013

chapter

Saturday 22 to Sunday 23 Kington/Knighton Backpack

A 30-ish mile backpack in one of the best bits of the Marches, including one day along Offa's Dyke Path. B&B option available (& there's now a hostel at Kington).

Contact - Steve B (07812 586949 / 20307272) by the Sunday 16th October.



Tuesday 25 COG AGM

This is your chance to elect a new committee, vote on burning issues & generally air your views. Any ideas for motions, or if you want to stand for committee? Let Clive know in advance.

Chapter 8pm prompt

chapter

Saturday 29 Rhymney Valley Walk

A 15-mile walk from Lisvane to Ystrad Mynach following the Rhymney valley. Possibly an Indian meal to finish, before catching the train back to Cardiff.

Names by Sunday 23rd

October to Andy C 20764987



Visit <http://www.cardiffoutdoorgroup.org.uk> or email info@cardiffoutdoorgroup.org.uk

Fancy arranging any events? Your ideas are very welcome; please contact Andy (weekends) or Catherine (Tuesdays).

The group has maps & equipment available for the use of members. Contact Malcolm 20387243

Weather Wear.

It is your responsibility to have suitable clothing & footwear

If you would like to bring children (under 17) or dogs, please check first with the event organiser



The grade key below refers to the terrain, not the distance, which is shown separately for each event.



Easy

Strenuous



Moderate

Very

Strenuous

