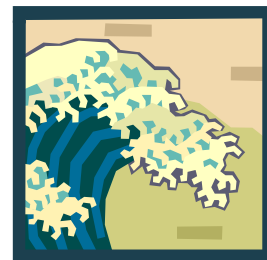




# Cardiff Outdoor Group



## Aug 06

### New Members always welcome

#### President

Bob Hall

#### Committee

##### Chair:

Clive C 2090 2164

##### Secretary:

Bob N 2057 5229

##### Committee Members:

Chris L 2023 8576

Catherine H 2062 4416

Katherine T 2088 1572

Jane O 2040 2571

Julian L 2056 7013

Lyndon M 2075 6122

Jane S 2075 9980

Rhona 2086 0181

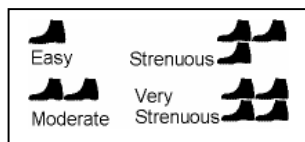
**chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact Rhona or Katherine T (Weekends) or Catherine H (Tuesdays)

#### Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



#### Tuesday 1<sup>st</sup> Cardiff Walk

We will walk along the River Taff to the bay, where we can partake of some refreshments. We can either walk back or if you're flagging catch the train. Meet at the Museum at 6.45pm. Contact Katherine 2088 1572



#### Sunday 6<sup>th</sup> – Goytre Wharf Walk

A 6/7 mile walk from Goytre Wharf to the Goose & Cuckoo pub. A varied walk including woods & canal. Bring a packed lunch but includes a pub stop & teashop at the end of the walk. Meet Museum at 10.00am. Contact Rhona 2086 0181



#### Tuesday 8<sup>th</sup> Open Air Theatre Trip

As a change from Shakespeare, we're seeing E Nesbit's 'The Railway Children'. Bring your own picnic/wine etc. Later at the Central Bar (from about 9pm). Tickets £12.50 from Julian 2056 7013.



#### Sat 12<sup>th</sup> – Sun 13<sup>th</sup> Cycle weekend joint with NOGs

Riding from Newport to Capel-y-Ffin YHA in the Black Mountains, staying overnight at the hostel. A not-to-be-missed trip since the hostel is due to be closed at the end of the year so this might be our last chance to stay there. Approx 40 miles each day. Contact Ian R 01633 881447



#### Sunday 13<sup>th</sup> Small COG Walk

Contact Sarah & Dave 029 2030 1662

#### Sunday 13<sup>th</sup> Croquet

Croquet at Dyffryn House - 1pm. Contact Kevin 2076 2407 for details.

#### Sunday 13<sup>th</sup> Forest of Dean walk

A relatively easy 8.5 ramble through this historic forest using routes of disused railways & forestry tracks. Meet at Museum at 10.00. Contact Bob N 2057 5229



#### Tues 15<sup>th</sup> Beach BBQ & evening swim

Ring Kevin to book your sausages/veggie burgers. There will be a small charge for food. Please bring your own drink. Meet at Museum at 6.00pm or Southerndown beach at 6.45pm. Contact Kevin 2076 2407



#### Sat 19<sup>th</sup> – Vale Coastal Walk

A 14-ish mile linear walk (using the train) from Bridgend to Llantwit major mostly along the Heritage Coast, possibly with a swim at Southerndown. Pub dinner in Llantwit to finish. Huzzah! Names in advance to Steve B (07812 586949)



#### Sunday 20<sup>th</sup> Taff Trail Walk part 14: Brecon to Storey arms.

We start the second route of the Taff Trail over the Beacons back to Merthyr with this 8 mile walk, mostly along an old coach road. Please bring £2 in exact change for the bus.. Meet Museum at 9.30am sharp. Contact Julian 2056 7013



#### Tues 22<sup>nd</sup> Rowing on Roath Park Lake

Meet Museum at 6.00pm or Roath Park Boat house at 6.20pm. Afterwards from 7.45pm at the Three Arches pub. Contact Viv 2076 3810



#### Fri 25<sup>th</sup> – Mon 28<sup>th</sup> Borth Weekend

3 nights at Borth YHA – an Edwardian house called Morlais – 'Voice of the sea', overlooking Cardigan Bay, just 20 metres from the beach. Cost £39.15 per person. Contact Enid 2065 5253 or enid.lewis@ntlworld.com

#### Tues 29<sup>th</sup> Pub night plus Thai meal

Meet at the Yard in the Brewery Quarter for 7.30 -8.00pm and at 9.00pm we move over to the Thai Edge for a meal. Names for the meal please by 15<sup>th</sup> Aug to Bob N 2057 5229



Visit [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)