



# Cardiff Outdoor Group



April 2007

New Members always welcome

## President

Bob Hall

## Committee

### Chair

Clive 029 20902164

### Secretary:

Catherine H 0292 0624416

### Membership

Lyndon M 029 20756122

### Programme organisers

#### Tuesdays

Bob N 029 20575229

#### Weekends

Rhona 029 20860181

Katherine T 029 20881572

### Chapter (Market Rd, Canton)

is our Tuesday night venue. Why not join us in the bar after the meeting.

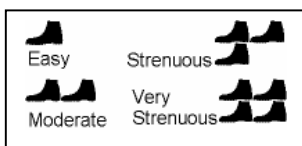
**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact the programme organisers.

**BPL = Bring a packed lunch.**

## Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



## Tuesday 3<sup>rd</sup> - Talking Turkey

A year ago, Julian and Kevin visited Istanbul and southern Turkey to see the solar eclipse, amongst other things. Come to Julian's slide show of this trip to the edge of Europe. Chapter 8pm Room - 1st Space.

## Friday 6<sup>th</sup> - Saturday 9<sup>th</sup> Easter at Cambridge



This ancient University city is fascinating for a visit. We'll spend one day looking round the city and the colleges. Another day may be spent walking in the fens, or we may go to the nearby cathedral city of Ely. More detailed plans will be announced nearer the time. Cost is £47.25 per person. Contact Julian immediately on 029 567013.

## Tuesday 10<sup>th</sup> - Talk - Jordan & Norway 'The Hot and Cold Slide show.

Come along and listen to Ian tell us of his recent adventures in Jordan and Norway. Chapter 8pm Room - The Boardroom.

## Sunday 15<sup>th</sup> - Ystradfellte & Sarn Helen Walk



A 7 mile walk along Roman roads and ancient sites Ystradfellte and Sarn Helen. BPL. Meet at the museum at 10am. Contact Sian on 01446 719697

## Sunday 15<sup>th</sup> - Small Cog Walk

For details contact Pedro & Gabby on 01656 742962

## Tuesday 17<sup>th</sup> - Bowling Night in the Bay

Show off your skills on the alley. Meet at UCI Hollywood Bowls, Cardiff Bay at 8pm. Please let me know if you are coming by 11<sup>th</sup> April so I can book the alleys. Contact Katherine on 029 20881572.

## Sunday 15<sup>th</sup> - Cycle Ride - Taff Trail to Llanwonno approx. 40-5 miles.

Start at Taffs Well Station at 10am. Taff Trail to Ynysybwll, then onto dedicated Lady Windsor cycle path to Ynysybwll. Using small lanes up through St. Gwynno forest to Llanwonno where we will stop for lunch. Lovely views as we take cycle route 47 back to Pontypridd and pick up the Taff Trail again and back to Taffs Well. Contact Juls Sims on 07917 020197

## Sunday 22<sup>nd</sup> - Forest of Dean Walk

A 8-9 mile walk in Forest of Dean near Coleford taking in Symonds Yat Rock and the River Wye. BPL. We should be passing suitable river bank hostelry for liquid refreshment. Meet at the museum 9.30am. Contact Brian D 029 20494645



## Tuesday 24<sup>th</sup> - 3m Walk North Cardiff & Pub Afterwards

This takes in Cefn Onn Park and the Rhymney Valley Ridgeway Footpath. Meet at the Old Cottage pub in Lisvane at 7p.m. Walk should finish approx. 9pm. If meeting up for a drink. From Cardiff, there is a train from Cardiff that stops at Lisvane & Thornhill at 6.45p.m. The pub is 5 mins walk from the station. Contact Lyndon on 029 20756122



## Sunday 29<sup>th</sup> - Grwyne Fawr and Crug Mawr Walk



7.5 miles enjoying the varied landscape of the Grwyne Fawr valley, including a steady but not too difficult climb up to Crug Mawr for some all-round views, the lovely church of Merthyr Issui at Partrishow and the Revenge Stone. Optional visit to the Skirrid Inn on the way home. BPL and meet at the Museum at 9.30am. Contact Viv 029 20763810.

## Forthcoming Events

### Friday 22<sup>nd</sup> - Sunday 24<sup>th</sup> June - Clun Mill, Shropshire Weekend.

Explore the rolling countryside of the Shropshire Marches, from our base in this restored watermill, now Clun Mill hostel. Self catering only but the pub isn't too far away. Contact Jane O 029 20402571 [jane\\_ormrod@btinternet.com](mailto:jane_ormrod@btinternet.com)

### Northumbria trip - Saturday 7<sup>th</sup> - Saturday 14<sup>th</sup> July.

This year's COG summer holiday will give us the chance to visit one of the least explored corners of England - sandy beaches, craggy castles and lonely hills will vie with the lights of Newcastle for our attentions. Contact Julian asap 2056 7013

Visit [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)