



# Cardiff Outdoor Group



Sept 2007

New Members always welcome

## President

Bob Hall

## Committee

### Chair

Clive 029 20902164

### Secretary:

Catherine H 029 20624416

### Membership

Lyndon M 029 20756122

## Programme organisers

### Tuesdays

Bob N 029 20575229

### Weekends

Rhona 029 20860181

Katherine T 029 20881572

**Chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

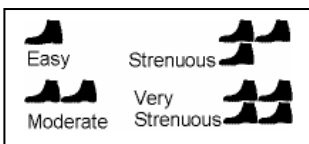
**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact the programme organisers.

**BPL** = Bring a packed lunch.

## Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



### Sunday 2<sup>nd</sup> - Monnow Valley Walk



Another walk in the beautiful Monnow Valley 9 miles lead by Colette & Andy from their house in Rockfield, nr. Monmouth. Refreshments will be offered at the end of the walk. Walk starts from Rockfield at 11am. Meet at the museum at 10am. Please car share as much as possible as parking is limited. BPL. Contact Colette and Andy on 01600 712160 for details.

### Tuesday 4<sup>th</sup> - Cardiff Bay waterside walk.



3 miles around the waterfront seeing what's new in that part of Cardiff Bay. Meet at the Norwegian Church at 6.30 pm. Later at the Eli Jenkins. Contact: Julian L on 029 20567013 / 07773 228290

### Sunday 9<sup>th</sup> - Taff Trail and Valleys Ridges



A 10 mile walk from Abercynon along a secluded unspoilt part of the Taff valley to Aberfan and return via the hill tops with extensive views. Meet at the museum at 10am. BPL. Contact Peter K on 029 20484431

### Tuesday 11<sup>th</sup> - Skittle Evening

Show off your skills on the Alley, Venue: Birchgrove Pub, Caer-Philly Road, Birchgrove, Cardiff 8pm Start - Contact Katherine on 029 20881572.



### Friday 14<sup>th</sup> - Sunday 16<sup>th</sup> Stow on the Wold Weekend.

Fully Booked  
**Sunday 16<sup>th</sup> - Small Cog Walk**  
For details contact Gabby and Pedro on 01656 742962



### Tuesday 18<sup>th</sup> - Sustrans Talk

Vinny Mott from Sustrans will be talking about the work of Sustrans with particular reference to Connect2, a lottery bid for 79 bridges and other links across the UK, including a bridge across the River Ely between Cardiff Bay and Penarth. "See article in The View for more information." Chapter 8pm. Room - Boardroom

### Friday 21<sup>st</sup> - Sunday 23<sup>rd</sup> - Hay-on-Wye to Kington Backpack



Third time lucky! Join us on a two day walking/camping trip through this fabulous bit of the Marches. Daily distances are around 15 and 13 miles and one of the days will be along Offa's Dyke Footpath. Contact Steve B on 07812 586949 by Tuesday 18th September.

### Sunday 23<sup>rd</sup> - The Anghidi Valley Walk



A fairly strenuous 6 mile walk starting at Tintern Abbey and visiting reminders of a rich industrial past. Once the centre of iron and wire-making industries from Norman times until 1820 and also an area of great religious significance. BPL. Meet at the museum 10am. Contact Bob N 029 20575229 Mob: 07780 701365

### Tuesday - 25<sup>th</sup> Cinema at Chapter

Eagle vs. Shark (15). Meet at 6pm in foyer for 6.15 showing. 029 20881572 for details if interested.

### Saturday 29<sup>th</sup> - Beach Clean

Help keeps Wales Tidy, we will be cleaning a beach in the Porthcawl Area, followed by a barbeque or pub grub. For details contact Rachel & Roger, through Julian L. 029 20567013 / 07773 228290. Names required by Friday, 21st September.

### Sunday 30<sup>th</sup> - Walk between Cardiff and Caerphilly



A 9 mile walk over the gentle hills and through the wooded valleys around Rudry, Rhiwbina and Tongwynlais, with at least one pub stop en- route (but bring packed lunch), finishing in the Old Cottage, Lisvane. Meet at Lisvane & Thornhill station car park (entrance off Cherry Orchard Road) at 9.30am. Contact Tony R on 029 20747743 for further details.

## Forthcoming events

### Friday 9<sup>th</sup> - Sunday 11<sup>th</sup> November: Brecon weekend.

A glorious weekend of mountains, moorland and woodland, based at Brecon (Grosffordd) Youth Hostel. £28 for two nights, not incl. breakfast (although breakfast can be purchased at the hostel). Contact Clive 029 20902164.