

May 2008 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Fri 2 – Mon 5 **May Day Bank Holiday Alfriston YHA Weekend.** Fully booked
- Fri 2 – Mon 5 **May Day Bank Holiday Plynlimon Back-packing Weekend.** Celebrate ten years of Steve's COG packs on a trip to one of Wales's most enigmatic hills. Names by Tuesday 29 April to Steve B on 07812 586 949.
- Tuesday 6 **Tennis at Heath Park. Meet 6.00 p.m.** All levels welcome. Drinks after at the Three Arches plus planning for the next programme. Contact Bob H on 029 2075 6203.
- Sunday 11 **Gwyrne Fawr/Partrishow Walk ●●** (7.5 miles). Exploring the lower end of this lovely Black Mountains valley with its ancient church and shrine to the Martyr Issui. Contact Viv on 029 2076 3810. **Meet 10.00 a.m. Chapter. BPL.**
- Sunday 11 **Small COGs walk.** Contact Jane and John on 2075 9980.
- Tuesday 13 **Pendoylan walk ●** (4 miles) starting and finishing at the Red Lion pub. Contact Enid 029 2065 5253. **Meet 6.30 p.m. at the National Museum of Wales or 7.00 p.m. outside the pub.**
- Saturday 17 **Fforest Fawr Walk ●●●●** (16 miles). Plenty of ups and downs, calling at Craig Cerrig Gleisiad, Heol Senni, Fan Nedd and Fan Llia, plus two nature reserves, and virgin moorland. Quality guaranteed. Contact Steve B in advance on 07812 586 949. **BPL.**
- Sunday 18 **Symonds Yat and Highmeadow Woods ●●●** (9 miles). Woodlands and open country with views over the Forest of Dean and the Wye Valley. Includes climbs to Symonds Yat rock and Buck Stone. Contact David M on 2076 5815. **Meet 10.00 a.m. Chapter. BPL.**
- Tuesday 20 **Garth Mountain Walk ●●** (4 miles). Steep climb, great views. Bring a torch, just in case. Contact Gill Tel. 029 2075 7663 for details. **Meet 6.45 p.m. at Taff's Well station.**
- Fri 23 – Mon 26 **Late May Bank Holiday Boscastle YHA Weekend.** A 4 star hostel (renovated after the floods), two pubs in the village and access to miles of beautiful coastal walks. For details or to book a place, contact Jane O on 2040 2571 or jane_ormrod@btinternet.com
- Tuesday 27 **Evening meal at the Mediterraneo Restaurant,** The Esplanade, Penarth (next to the yacht club). Contact Katherine T on 029 2088 1572 by 16th May to book. **Meet 7.30 p.m. at Chandlers Wine Bar** on the Esplanade for drinks. **Table booked for 8pm.**

Forthcoming Events

- Fri 11 – Sun 13 July **A weekend at Ty'n Cornel,** one of the two hostels in the Cambrian Mountains saved by the Elenydd Wilderness Hostels Trust. 10 mile walk in the beautiful Dothi Valley is planned for the Saturday followed by a barbeque (weather permitting!) and a shorter walk and/or possibly some work on the hostel on the Sunday. It costs £10 per night (£5 for camping). To book, contact Rachel on 20851176 by 31/05/08.
- Fri 22 – Mon 25 **August Bank Holiday Marloes Sands YHA Weekend,** Pembrokeshire. Cost £41.85 for three nights. Payment by 16/6/08. Contact Charles on 01633 856403.

For more details, contact:

Sian (Chair) 01446 719 697
Viv (Secretary) 029 2076 3810
Bob G. (Membership) 029 2020 4165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch



New members always welcome
www.cardiffoutdoorgroup.org.uk