

# June 2008 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Sunday 1 **Severn Bridge Crossing ●●** (6-8 miles). A spectacular walk over the old Severn bridge, with great views of the estuary! We'll explore a bit of England, with a pub stop at Ingst. Contact Charles on 01633 856403 or 07525 731 737. **Meet 10.00 a.m. Chapter. BPL.**
- Tuesday 3 **Bulmore area of Caerleon Walk ●** (3 miles), starting and finishing at the Bell Inn. Contact Katherine T on 029 2088 1572. **Meet 6.30 p.m. Museum.**
- Fri 6 – Sun 8 **Beacons Wilderness Back-packing Weekend.** Phone Roger for details on 2085 1176.
- Sunday 8 **Monnow Valley Walk ●●** (9-10 miles). Join Colette and Andy on another of their pleasant walks from their house in Rockfield. Afternoon tea and home-made cakes at the end. Contact Colette or Andy on 01600 712160. **Meet 10.00 a.m. Chapter. BPL.**
- Sunday 8 **Small COGs walk.** Contact Sarah and Dave on 029 2030 1662.
- Tuesday 10 **Art Exhibition and Meal.** A guided tour of the degree shows at Cardiff School of Art and Design, followed by an Indian meal. Contact Clive on 2090 2164. Meal names by 5 June please. **Meet 6.15 p.m. Ernest Willows**, bottom of City Road, for a pre-show drink, or **7.00 p.m. at UWIC Howard Gardens reception.**
- Saturday 14 **Gower Gallop Challenge Walk.** Explore the hills and coast of Gower with a choice of three routes: 12.5 miles, 20 miles or 30 miles. For details, contact Enid on 20655253.
- Sunday 15 **Bettws Newydd Walk ●●** (7 miles), taking in the Usk Valley Walk, an old fort, Clytha Castle and two pubs. Contact Bob N. on 20575229. **Meet 10.00 a.m. Chapter. BPL.**
- Tuesday 17 **Groes-faen Walk ●** (3 miles). Drinks in the Dynefor Arms afterwards. Contact Bob N on 029 2057 5229 or 07780 701 365. **Meet 6.30 p.m. Museum.**
- Sunday 22 **Rhossili Bay and Worms Head Walk ●●** (8 miles). Breathtaking views of the coast and taking in Hillend Burrow, the Beacon and various bays. Bring a towel if you want to have a dip. Contact Katherine on 2088 1572. **Meet 9.45 a.m. Chapter. BPL.**
- Tuesday 24 **Pontsarn Walk ●** (3.5 miles). Around the Taf Fechan, taking in an old railway viaduct, river gorge and a pub. Contact Julian L on 029 2056 7013. **Meet 6.30 p.m. Museum.**
- Sunday 29 **Castles, Courts and Wells ●●** (8 miles). From the market town of Cowbridge into the rural vale of Glamorgan. Various points of interest, including the occasional pub and/or tea shop. Contact Sian D on 01446 719697. **Meet 10.00 a.m. Chapter. BPL.**

## Forthcoming Event

Fri 10 – Sun 12 October **Liverpool Weekend.** Enjoy the many attractions of this year's European Capital of Culture, including the Beatles Museum and Tate Gallery. The hostel is next to Albert Dock, a 10 minute walk from the city centre. Contact David M on 2076 5815.

### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

### Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



**New members always welcome**  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)