

May 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Fri 1 – Mon 4 **May Day Bank Holiday at Pantyrathro Independent Hostel, Llansteffan.** Fully booked.
- Tuesday 5 **Three Peaks debrief.** Relive the drama, joy and strategic delight (a bit like Turkish except with a risk assessment) of COG's biggest challenge walk event ever. **8.00 p.m.** Chapter, 1st Space.
- Saturday 9 **Ultimate Valleys Walk Part 2 (●●● 17 miles).** Ystrad Mynach to Ton Pentre. The glory continues, calling at Mynydd Eglwysilan, Llanfabon Inn, Ynysybwl valley and Ferndale. Contact Steve B. on 07812 586 949 by Thursday 7 May.
- Sunday 10 **Black Mountains walk (●● 7 miles).** From Pengefnordd up to Waun Fach then back down to the pub via Castell Dinas hill fort. Spectacular views if the weather is kind. **Meet 10.00 a.m. Chapter. BPL.** Contact Viv 029 2076 3810.
- Tuesday 12 **Croquet at Duffryn Gardens.** An introduction to the game from Julian at Duffryn Gardens. **Meet 6.30 p.m.** Chapter. Contact Julian L on 029 2056 7013.
- Sunday 17 **Brecon Waterfall Walk and Distillery Visit (●● 6 miles).** Breathtaking scenery and tumultuous waterfalls, followed by a visit to Penderyn Distillery exhibition centre. Taste their products and learn about whisky-making in Wales. Cost £5.50 but discount for groups of 10+. **Meet 9.30 a.m. Chapter. BPL.** Contact Katherine 029 2088 1572.
- Tuesday 19 **Walk around Llandaff Fields and Bute Park** from Llandaff village. **Meet 7.00 p.m.** in front of Llandaff Cathedral. Contact Katherine 029 2088 1572.
- Fri 22 – Mon 25 **Anglesey YHA Late May Bank Holiday Weekend.** This weekend is now fully booked but there may still be bunkhouse places available. Contact the hostel directly on 01407 769351.
- Fri 22 – Mon 25 **Small COGs in the wilderness.** Small COGs hostel visit to Ty'n Cornel and Dolgoch. Contact Jane and John for details on 029 2075 9980.
- Tuesday 26 **Walk and barbeque in aid of Marie Curie Cancer Trust.** This is a linear walk starting at the Norwegian church in Cardiff Bay, then crossing the barrage to finish with a barbeque (incl. vegetarian option) in Liz's garden in Penarth. £10.00 per head donated to the charity. **Meet 7.00 p.m.** Norwegian church. Contact Liz 029 2070 0093.
- Sunday 31 **Beacons Walk (●●● 10 miles approx).** Circular walk taking in the old favourites of Pen y Fan and Cribyn but approaching them from the lesser used northern side. **Meet 10.00 a.m. Chapter. BPL.** Contact Jane O. on 029 2040 2571.

Forthcoming Events

- ◆ Fri 3 – Sun 5 July **Port Eynon Weekend.** Beaches, boats and BBQs. With its beachside location, the recently renovated hostel at Port Eynon must be one of YHA's finest. Contact Sian D on 01446 719697 or email shannycelt@hotmail.com before 30 April.

For more details, contact:

Sian (Chair) 01446 719 697
Viv (Secretary) 029 2076 3810
Bob G. (Membership) 029 2020 4165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch



New members always welcome
www.cardiffoutdoorgroup.org.uk