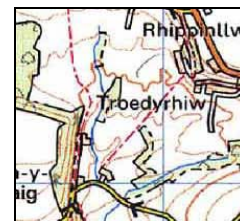


July 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

Fri 3 – Sun 5 **Port Eynon Weekend.** Fully booked.

Tuesday 7 **Evening 'Green Corridor' Rail Ramble.** Train to Lisvane/Thornhill then a walk back through the 'Green Corridor' semi-ancient woodland of Coed y Felin, Llanishen and Lisvane Reservoirs and the Nant Fawr wildlife corridor. Meet at 6.35 p.m. on the northbound side of Heath High Level train station. Finishing up at the Three Arches pub. Chris L 029 2023 8576.

Sunday 12 **Beacons Walk (●●● 10 miles).** Circular route taking in the old favourites of Pen y Fan and Cribyn but approaching them from the lesser used northern side. Meet at Chapter 10.00 a.m. BPL. Contact Jane O on 029 2040 2571.

Tuesday 14 **Everyman Theatre** presents performances of "The Gondoliers" by Gilbert & Sullivan at St Fagins Folk Museum. Meet at Chapter at 7.00 p.m. Performance starts at 8.00 p.m. <http://www.museumwales.ac.uk/en/whatson/?event_id=3638>. For details contact Rhona 029 2086 0181.

Sunday 19 **Craig y Nos Walk (●●● 9 miles).** A more energetic varied walk in Glyn Tawe, the upper reaches of the Swansea valley on the southern fringes of the Black Mountain. This includes a visit to Henrhyd Falls in the beautiful Llech gorge. Meet Chapter 9.30 a.m. BPL. Contact Brian D on 029 2049 4645.

Tuesday 21 **Crazy Golf in Barry Island.** Test your skill on this diabolical, pirate-themed golf area. If it's unavailable, there will be a walk around Barry Island instead. Meet Chapter at 6.00 p.m. Contact Julian 029 2056 7013.

Sunday 26 **Monnow Valley Walk (●●● 9-10 miles).** Join Colette & Andy for another pleasant walk from their cottage in Rockfield. Afternoon tea and home made cakes provided at the end. Meet at Chapter 10.00 a.m. BPL. Contact Colette or Andy on 01600 712 160.

Tuesday 28 **Wenvoe west circular walk (● 5 miles)** passing through St. Lythians Neolithic burial site and alongside Dyffryn Gardens. Meet 7.00 p.m. at the Museum or 7.30 p.m. at St. Mary's Church, Wenvoe village. Later at the Wenvoe Arms. Tel. Lawrence 029 2073 3012.

Forthcoming Event

◆ Fri 25 – Sun 27 Sept **Ridgeway Weekend.** Staying in a bunkhouse at a CAMRA pub: white horses, stone circles, and quaint villages. Jane O. on 2040 2571 or janeormrod@ntlworld.com.

For more details, contact:

Sian (Chair) 01446 719 697
Viv (Secretary) 029 2076 3810
Bob G. (Membership) 029 2020 4165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch



New members always welcome
www.cardiffoutdoorgroup.org.uk