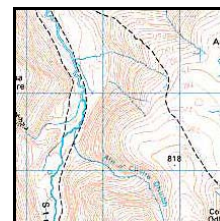


# November 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Sunday 1 **Pen y Fan** (●●● 9 miles). Join Enid for her favourite walk up Pen y Fan starting at the Neuadd reservoir. Meet at Chapter 9.30 a.m. BPL. Contact Enid 029 2065 5253.
- Tuesday 3 No event scheduled. Please see website for further details.
- Sat 7 – Sun 8 **Brecon Beacons slackpack** (●●●● approx 13 miles Sat, 9 miles Sun). Bus up to Brecon, walk up to Pen y Fan, across the ridge to Carn Pica and down for the night at Talybont Hostel. On Sunday, south over the moors and a train back from Ebbw Vale. Irresistible! Contact Steve B 07812 586949.
- Tuesday 10 **Mont Blanc Talk** by Steve Bees. 8.00 p.m. Chapter in the 1st Space. This is a reschedule of the September 29th talk.
- Sun 15 **Bryn Arw & Skirrid Fawr Walk** (●●● 12 miles). Along the Marches Way up Skirrid Fawr (486m), then a pub stop at the Skirrid Inn, after which we ascend the unfrequented peak of Bryn Arw, a smaller summit at 384m. BPL. Meet at Chapter 9.15am. Contact Chris L. on 2023 8576.
- Sun 15 **Small COGs walk**. Contact Sarah and Dave on 029 2030 1662.
- Tuesday 17 **Kenya Talk** by Richard. Three weeks driving, hiking and camping trip round Kenya earlier this year, including hiking up Mount Kenya to about 4300m (twice: on successive days), and visits to Meru National Park, the Rift Valley, a soda lake, a freshwater lake and tropical rainforest. Chapter 8pm in Media Point.
- Sun 22 **Draethen Walk** (●● 6 miles). To include Coed Cefn-Pwll-du, Coed Craig Ruperra, an iron age fort and views of the Bristol Channel and Ruperra Castle. This is a joint walk with the Newport Outdoor Group. Meet at Chapter 10 a.m. BPL.
- Tuesday 24 **Cardiff Bay Night Skyscape Walk**. This short but interesting evening walk will focus on the lights and reflections that adorn the urban landscape of Cardiff Bay. Meet at the entrance of the open air car park next to St David's Hotel. This walk will be followed by drinks at The Terra Nova at 9 p.m. Contact Sian D, on 01446 719 697.
- Sun 29 **Brecon Beacons Walk** (●●● 8-10 miles). Meet at Chapter 9.30 a.m. BPL. See website for details or contact Sue Cox 029 2074 7192.

## Forthcoming event

- 31 Dec – 3 Jan **New Year's Break**. This year COG will be celebrating the New Year at the seaside. We have exclusive use of Perranporth Hostel, located on the Cornish coastal path. So for stunning walks, relaxation and seasonal feasting contact Sian D on 01446 719617 or [shannycelt@hotmail.com](mailto:shannycelt@hotmail.com)

### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

### Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



**New members always welcome**  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)