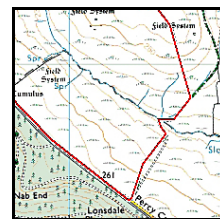


December 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Tuesday 1 **Quiz night.** Test your brain power. Katherine T is your host. Chapter 8pm.
- Sunday 6 **Wenvoe west circular walk** (●● 6-8 miles) through St Lythan's Neolithic burial site and alongside Dyffryn Gardens. Optional lunch afterwards at the Wenvoe Arms. Contact Lawrence 029 2073 3012. To pre-book for lunch contact Lawrence by 22 November. Meet 9.30 a.m. at Chapter or 10.00 a.m. at St. Mary's Church, Wenvoe village.
- Sunday 6 **East of Abergavenny circular walk** (●●● 14 miles approx): country paths east of Abergavenny (and some of Offa's Dyke footpath) taking in White Castle, Llanfihangel Court and the Skirrid. Bring packed lunch and torch. Contact Steve B 07812 586949.
- Tuesday 8 **Cinema evening.** Meet Clive at 7.00 p.m. in the upstairs bar at the Gatekeeper, Westgate Street, to select a film at one of Cardiff's city-centre multi-screen cinemas. Contact Clive on 2090 2164 or (on the night) 07910 820 345.
- Sunday 13 **Heritage Coast** (●● 6 miles approx). Avoid the shopping with a stroll over Ogmore Down, through St Brides Major to Southerndown, then along the cliffs to finish up at the Pelican Pub. Meet at Chapter 10 a.m. BPL. Contact Viv 07791 470 212.
- Sunday 13 **Small COGs walk.** Contact Jane and John 029 2075 9980.
- Monday 14 **'Les Miserables'** to be performed at the Millennium Centre on Monday at 7.30pm. Ticket prices are £15 Contact Michael on 029 20704850.
- Sunday 20 **Llandaff – St Fagans walk** (●● 7-8 miles) from the historic village of Llandaff to St Fagans and back taking in a number of Cardiff's parks and gardens, as well as some open country around St Fagans. BPL although there will be a pub stop in St Fagans. Public transport accessible walk – 62 bus departing Central Station at 10.05. Meet by the memorial on the Cathedral Green at 10.30. Contact Julian 2056 7013 / 07773 228 290.
- Tuesday 22 **Christmas Curry.** At the Mango House in Westgate St, a new restaurant with good reviews. Contact Bob 029 2057 5229. Names please by the 8th December.
- Tuesday 29 **After Christmas drink** in the Black Lion, Llandaff from 8.00 p.m. Contact Bob. 029 2057 5229.
- 31 Dec – 3 Jan **New Year's Break.** New Year at the seaside. We have exclusive use of Perranporth Hostel, located on the Cornish coastal path. So for stunning walks, relaxation and seasonal feasting contact Sian D on 01446 719 617 or shannycelt@hotmail.com

For more details, contact:

Sian (Chair) 01446 719 697
Viv (Secretary) 029 2076 3810
Bob G. (Membership) 029 2020 4165

Fancy organizing a walk, a weekend,

or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch



New members always welcome
www.cardiffoutdoorgroup.org.uk