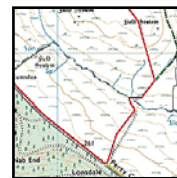


# January 2010 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Wednesday 6<sup>th</sup> **Taffs Well Night Walk** - ●● A circular walk includes the local viewpoint of Craig-yr-Allt and the woods around Castell Coch. Bring a good torch. Meet at 7pm at Taffs Well train station. Please contact Steve B on 07812 586949. **(Walk via public transport)**
- Sunday 10<sup>th</sup> **Tintern/Wye Valley Walk** - ●● 13 miles of historic woods, fields, riverside and dyke with the occasional steep climb to warm you upon on a winter's day. BPL & torch. Meet at 9am at Chapter or 10am at Tintern Abbey car park. Contact Tina T on 07940 586256.  
**& Small C.O.G's walk** Please contact Ceri and Ioan on 029 20756801.
- Tuesday 12<sup>th</sup> **Cinema evening** - Meet Phil at the entrance of Cineworld in Cardiff near the CIA at 6pm to select a film to watch. Please contact Phil on 029 20757820.
- Friday 15<sup>th</sup> **Classic Concert** - Holst's The Planets performed by the BBC National Orchestra of Wales at St. David's Hall, Cardiff. Starts at 7pm. Contact Julian on 02920 567013 to book your ticket.
- Sunday 17<sup>th</sup> **Sirhowy Valley Country Park to Mynydd Machen** ●● 7 miles in a local wooded country park. There's a climb at the start, rewarded with a ridge walk providing some of the most stunning views in South Wales. BPL. Meet at Chapter at 10.00am. Contact David M on 029 2076 5815 or 0773 6339013).
- Tuesday 19<sup>th</sup> **Musical Theatre Night** - A visit to see the musical Chicago at the Millennium Centre. Starts at 7.30 pm tickets £20 Contact Teresa for details on 029 2070 4850 and to book your ticket.
- Saturday 23<sup>rd</sup> **Ogwr District Walk** - ●●● 13.5 linear and hilly miles from Garth, near Maesteg, to Tonypany via Cwm Du, Garw Forest, Mynydd Llangweinwyr and Mynydd Pwllyrhebog. BPL and a torch. Contact: Steve B on 07812 586949 or [stevebees13@yahoo.co.uk](mailto:stevebees13@yahoo.co.uk) **(Walk via public transport).**
- Sunday 24<sup>th</sup> **Goytre Wharf Walk** ●● 6/7 mile walk from Goytre Wharf to the Goose & Cuckoo pub. A varied walk including woods & canal. BPL but includes a pub stop & teashop at the end of the walk. Meet at Chapter 10.00am. Contact Rhona on 029 2086 0181.
- Friday 29<sup>th</sup> **Italian meal** - Enjoy a meal at Valentinos, Windsor place, off Queen Street, Cardiff. Meet at Bar 33 beforehand time TBA. Names by 15<sup>th</sup> January. To book contact Jane O 029 20402571.
- Sunday 31<sup>st</sup> **Taff Valley Walk** - ●● 7 mile walk between Quakers Yard and Aberfan with a wooded gorge, industrial archaeology and a silly humpbacked bridge. Views on the return from the ridge separating the Taff and Cynon valleys. BPL Meet at Chapter 10.00am. Contact on Julian 029 20567013.

## Forthcoming event

**Easter Peak District Weekend** - Spend Easter at Ravenstor YHA, a large country house (owned by the National Trust) set in 70 acres of parkland with spectacular views. It is situated in the White Peak area with excellent walking opportunities. The cost for a 3 night stay is £50. Contact Rhona C for further details on 07816 499754.



### For more details, contact:

Jane (Chair) 029 20402571  
Rosie (Secretary) 029 20613967  
Bob G. (Membership) 029 2020 4165

### Fancy organizing a walk, a weekend, or an event?

Please contact the programme organizers below. Your ideas are very welcome:  
Weekends: Steve B 07812 586949  
Tuesdays: Viv 029 20219226  
If you would like to bring children (under 17) or dogs, please check first with the event organiser.

### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

### Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch

New members always welcome [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) for details