

# November 2010 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Tuesday 2<sup>nd</sup> **Great Outdoor Poetry Evening** - "My rucksack has oft been my pillow / the heather has oft been my bed / and sooner than part from the mountains / I think I would rather be dead". Great Poetry of the Great Outdoors: changing perceptions of a changing environment as told by poets through the ages. An evening of beauty, terror, sadness, joy and wit from Beowulf to Carol Ann Duffy. Bring your favourite published poems about the great outdoors to share in the second half. Meet at Chapter at 8pm - Media Point.
- Sunday 7<sup>th</sup> **Grwyne Fawr Valley, Black Mountains ●●●**- Circular walk of 8-10 miles starting from the medieval Church of St Martin in Cwmyoy, taking in Pont-yr-Escob, Ffynnon Ishow, Partrishow Church and Dial Carreg. BPL. Meet at Chapter 9am Contact Amanda on amjanette@ntlworld.com or 029 20309575 or 07929001048
- Tuesday 9<sup>th</sup> **Annual General Meeting** - A review of the COG year, plus a chance to have your say about the running of the group. Please contact Jane O on 02920 402571 if you have an item for the agenda or would like to join the committee. Meet at Chapter at 8pm - Media Point.
- Saturday 13<sup>th</sup> **Fforest Fawr Walk ●●●** - 14 miles or moorland, hills and the occasional cave (but not caving!) starting from Ystradfellte. The peaks are Fan Gyhirych and Fan Nedd. Bring PL and torch. Contact Steve B on 07812 586949 or stevebees13@yahoo.co.uk
- Sunday 14<sup>th</sup> **Cardiff Ridgeway Walk ●●** - Continuing the COG short walk series this is a morning walk with a relaxed start at 10am and we'll be finished by 2pm. A 5 mile circular walk in the Rudry area including some of the Rhymney Valley Ridgeway with plenty of wildlife and some great views. BPL. Meet at Chapter at 10am. Contact Bob N on 029 2057 5229
- Tuesday 16<sup>th</sup> **Corsica Talk** - In June of this year Steve B backpacked the notorious northern part of the GR20 trail in Corsica and survived to tell the tale. Hear all about it at Chapter at 8pm - Media Point.
- Saturday 20<sup>th</sup> **Ebbw Vale Rail Ramble ●●** We'll follow the Ebbw Valley Walk between Newbridge and Ebbw Vale - approx 10 miles taking in fields, a ridge way and the former garden festival site before taking the train back. Take the 9.35am train from Cardiff Central to Newbridge or meet in Newbridge station car park at 10.15am. Contact Jane O on 02920 402571 or email janormrod@ntlworld.com
- Friday 26<sup>th</sup> **Turkish meal at Seren** - Seren means star in Welsh and the main mast in Turkish. This vibrant restaurant in the heart of Canton brings the full Turkish eating experience. To book contact Jane O on 029 20402571.
- Saturday 27<sup>th</sup> **Vale of Glamorgan Walk ●●** A 9 mile walk from Llantwit Major train station, with some Heritage Coast and a visit inland to Marcross and St Donats. BPL. Rail timetable not yet available, ring Liz nearer the time. Contact Liz on law@lizlawrence.wanadoo.co.uk or 029 20700093
- Tuesday 30<sup>th</sup> **Fun Quiz at the Wharf** - Hosted by Connor, come and test your general knowledge. Cost £1 per person. Meet at the Wharf Pub, Atlantic Wharf, Docks, Cardiff at 8pm. Contact Katherine on 029 20881572.

#### For more details, contact:

Jane (Chair) 029 20402571  
Rosie (Secretary) 029 20613967  
Bob G (Membership) 029 20204165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Steve B 07812 586949  
Weeknights: Viv 029 20219226

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

#### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

#### Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

#### Walk grading:

- Easy
  - moderate
  - strenuous
  - very strenuous
- BPL** = bring a packed lunch



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**New members always welcome**  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)