

February 2011 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Thursday 3rd **Chinese New Year Meal** - Join Katherine to celebrate the Chinese New Year with a meal at the Summer Palace Restaurant in Llandaff. Please contact Katherine on 029 20881572 the by 25th January to book your place at the table.
- Saturday 5th **Sugar Loaf Night Walk ●●** - A 6 mile ascent of the iconic Sugar Loaf in the dark, followed by a curry. The lights of Abergavenny will sparkle like diamonds – and so will we. Good torch essential. Names in advance to Steve B contact him on 07812 586949 or stevebees13@yahoo.co.uk
- Sunday 6th **Waterfalls Walk ●●** - 9/10 miles From Pontneddfechan (OL12 901076), walking to the waterfalls along Nedd Fechan, then through woodlands and open ground to walk back via the waterfalls of Afon Mellte. There is some rough and slippery terrain. BPL. Meet at Chapter 9.30am. Contact Amanda on 07929001048 or amjanette@virginmedia.com
- Saturday 12th **Wye Valley Walk ●●** - A 10 mile walk from Goodrich Castle and around a big loop of the river along Wye Valley walk climbing up to Symonds Yat and return. Meet 9am at Chapter. For details contact Tina on 07540 959229 or by email tina.day241@gmail.com
- Tuesday 15th **Theatre Night** - Join Judy at the New Theatre to see **Verdict**, the riveting and compelling stage play by Agatha Christie. Meet 7.15pm in the foyer. Please confirm by email to judy.14@btinternet.com
- Wednesday 16th **Talk** by Antony Metcalfe on trips to Canadian Arctic and Svalbard Islands. Chapter Arts Centre at 7.30pm – Media Point - **See pictures above.**
- Friday 18th to Sunday 20th **Roger's Black Mountains backpack ●●●** - Hello fellow COGgers! This year's February (yes it's the cold one) backpack will be in the borders of England and Wales. Friday night will see us north of Abergavenny, Saturday we will be walking north via low level public footpaths through Longtown to finish off at a pub camp side at Craswall on Saturday night. Good food and ale was featured in the Great Outdoors Magazine last year. We used this site for last year camp so tried and tested. Return Sunday via main ridge (Offas Dyke path). Further details contact Roger by e-mail at: roger_rachel_gimblett@hotmail.com
- Tuesday 22nd **Music Night** -Jazz Cafe at the Gate Arts Centre, Keppoch St, Roath. "An evening of great music in the warm and friendly atmosphere of our in-house cafe bar, with our professional house Jazz trio." Starts at 8pm. The cost is £3/£2. Contact Jane O on 029 20402571.
- Sunday 27th **Brecon Beacons Walk ●●●** - An adventurous walk of approx. 15 miles from Llanfrynach, taking the northern approach to the Beacons escarpment and a few peaks bagged en route. BPL. Meet at Chapter 9am. Contact Mark B on 0291 671402



For more details, contact:

Jane (Chair) 029 20402571
Bob G. (Membership) 029 20204165

Fancy organizing a walk, a weekend, or an event?

Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Steve B & Tuesdays: Amanda

E-mail them at the address below:
programmes@cardiffoutdoorgroup.org.uk

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

Walk grading:

- easy
 - moderate
 - strenuous
 - very strenuous
- BPL** = bring a packed lunch

New members always welcome www.cardiffoutdoorgroup.org.uk for details