

July 2011 Cardiff Outdoor Group



Walking weekends away back-packing cycling evenings out

- Sunday 3rd **Wynd Cliff, Tintern and The Devil's Pulpit Walk ●●** - 9 Mile walk with top rate grand vistas, superb deciduous woodland, the lovely river Wye, a horse rescue centre and the Old station Tea rooms! BPL though food is available at the Tea rooms where we will be stopping for refreshments. Leaving Chapter 10am prompt. Contact Phil Sz on 07967 381243.
- Tuesday 5th **Craig Yr Allt Evening Walk ●●** - 5 mile picturesque countryside with a pub start and finish. Leaving at Museum by 6.15pm or at the Black Cock Inn 6.45pm. Contact Phil Sz on 07967 381243 or philszwandt@yahoo.co.uk
- Saturday 9th **Brecon Beacons Linear Walk ●●●** - Join Liz L on a 20-ish mile walk (using public transport at either end) from Brecon, over and along the Beacons, and into Merthyr via a cunningly obscure historical route. Hills, moors, history and sunshine. Contact Liz L for further details on 07805 885076 or e-mail law@lizlawrence.wanadoo.co.uk **(Public transport)**
- Sunday 10th **Gilwern and Clydach Gorge Walk ●●** - A circular walk of about 8 miles from Gilwern near Abergavenny in and around the historic Clydach Gorge, following part of the Clydach Gorge Heritage Trail followed by scenic views of the Usk Valley and Sugar Loaf. BPL. Leaving Chapter at 9.30am prompt. Contact Brian D on 029 20494645.
- Tuesday 12th **"Let's Go to the Movies"** - Concert by the City Voices Cardiff Choir, Concert Hall, Royal Welsh College of Music and Drama. Starts at 7.30pm - a selection of songs from films including Star Wars, My Fair Lady, South Pacific, The Wizard of Oz and many more. Tickets are either £10 or £6. Contact David M 029 20765815 to book your ticket. See the web site www.cityvoicescardiff.com.
- Sunday 17th **Llanthony Walk ●●●** - 11-12 miles from the inspiring Llanthony Priory that takes in Hatterall Ridge, Bal Mawr and the secluded church at Capel y Ffin. BPL. Leaving Chapter at 9am prompt. Contact: Ellie on 029 20565939
- Tuesday 19th **Roath Park Gardens Evening Walk ● - Meet** at the newly refurbished Terra Nova Café (near the Scott Memorial) at 6pm. Contact Phil Sheen on 07778 317033 or sheenpa@hotmail.com **(See picture above)**
- Sunday 24th **Usk Valley walk part 5: Sennybridge to Brecon ●** A 9-10 mile linear walk passing through pleasant countryside with good views of the Beacons to the south. We'll be using the B13 bus to get from Brecon to Sennybridge to start the walk - bring plenty of change. BPL. Leaving Chapter at 9.45pm prompt. The bus leaves Brecon at 11.15am. Contact Julian L on 029 2056 013 or 07773 228290.
- Small COG's Walk ●** - Contact Dave & Sarah L on 029 20301662
- Tuesday 26th **Travel Book Reading Circle** continues with "A Short Walk in the Hindu Kush" by Eric Newby. Please read beforehand and bring a bottle. 7.30pm at Liz's home. For further details contact law@lizlawrence.wanadoo.co.uk or 07805885076.
- Wednesday 27th **Cardiff Bay Walk ●** 3 miles walk around the Cardiff Bay & Penarth Marina. Meet 6.15pm at the Norwegian Church. Contact Katherine on 029 20881572
- Saturday 30th **Wayne's Vale Bike Ride** - A leisurely paced cycle 35 mile ride in the Vale of Glamorgan with a guaranteed pub stop (and possible lunch) Leaving Museum at 10.30am. Contact Wayne on 01633 894809.
- If you have any ideas for walks or events for the September & October Programme, or weekends away. Please contact Steve on 07812 586949 for weekends or Amanda on 07929 001048 for weekdays.
Or e-mail them on programmes@cardiffoutdoorgroup.org.uk.**



**New members always welcome
www.cardiffoutdoorgroup.org.uk**