

September 2011 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Saturday 3rd **Save our Reservoir Walk** - Choice of 3, 6, 12, 17 or 21 mile walks to raise funds for the **Reservoir Action Group**. Entry fee applies (between £2.50 to £12 depending on the route chosen). See website www.socrw.co.uk. Further details contact Chris L on 029 20238576.
- Tuesday 6th **Cardiff Canal Walk** ● Short walk to include the canals of Cardiff from the Museum to the Wharf - if enough light onto the Bay and then catch the train back. Bring a torch. Meet at the Museum at 6.30pm. For details contact Katherine on 029 20881572.
- Sunday 11th **Llangattock Walk** ●●● - A 12 mile walk through one of South Wales' best kept landscape secrets - Craig y Cilau nature reserve that has hills, cliffs, moorland, caves and peat bog. Why are they there? All will be revealed..... BPL and a torch. Leave Chapter at 9.30 am Contact Steve B on 07812 586949 (**See picture above**)
- Tuesday 13th **Social Night at Chapter** - Hosted by Bob N for a drink and a chat at Chapter. Meet at Chapter in the bar area from 8pm.
- Sunday 18th **Senghenydd Horseshoe** ●● - A 9 mile walk with historical interest along the quiet ridges north of Caerphilly including Mynydd Meio & Mynydd Eglwysilan. Pub at the end! BPL. Leave **Taffs Well rail station** at 9.30am (if without a car, get the 09.00 train from Cardiff Central to Taffs Well). Contact Enid on 07974 959415.
- Small COG's Walk** - Contact Sarah on 01443 217951
- Wednesday 21st **China Talk by Robert** - China is a surprising place - so many contrasts, so much change, so very different. The talk will provide some insights on three different places in China - Beijing, Cheng Du, and Xian Meet 8pm at Chapter - Media Point.
- Sunday 25th **Craig Cerrig-Gleisiad Walk** ●● - 8 miles around the side of the Brecon Beacons' most spectacular nature reserve, after which the route goes past Storey Arms and returns via an old coach road. This is a lovely walk which avoids all the crowds on the other side of the A470. BPL. Leave Chapter at 10 am. Contact Viv on 07791 470212.
- Friday 30th **Pub Meal** - Join Jane for meal & chat at the Conway pub, Pontcanna. If you would like come please contact Jane O on 07425 131017 or by e-mail j_ormrod@live.co.uk

Forthcoming event :

New Year 2012 in St David's, Pembrokeshire - NOW FULLY BOOKED - Friday 30th December to Sunday 1st January 2012 for a 3 nights stay in at Independent Hostel. Contact Lyndon at lyndonmaybery@hotmail.com or on 029 20756122. You can still book a B&B in St. David's and join us for the walks & New Year celebration, just contact Lyndon to let him know.



For more details, contact:

Jane (Chair) 029 20402571
Bob G. (Membership) 029 20204165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Steve B 07812 586949 &
Tuesdays: Amanda 07929 001048
E-mail them at the address below:
programmes@cardiffoutdoorgroup.org.uk

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

Walk grading:

- easy
 - moderate
 - strenuous
 - very strenuous
- BPL** = bring a packed lunch

New members always welcome to all these walks & events
www.cardiffoutdoorgroup.org.uk